



The Lunch Menu - Sample

High School

	Monday	Tuesday	Wednesday	Thursday	Friday
Signature	Carved Roasted Beef with Steamed Vegetables	Pulled Chicken Fajitas with Peppers and Onions Cilantro-Lime Rice	Fried Chicken Macaroni and Cheese Southern Greens	Sausage Calzone with Marinara Sauce	Roasted Fish Brown Rice Pilaf Green Peas
Grill	Hamburger Cheeseburger Spicy Chicken Sandwich BBQ Pulled Pork	Hamburger Cheeseburger Chicken Sandwich Philly Cheesesteak	Hamburger Cheeseburger Spicy Chicken Sandwich Classic Chili Dogs	Hamburger Cheeseburger Chicken Sandwich Chicken Parmesan Melt	Hamburger Cheeseburger Spicy Chicken Sandwich Crispy Fish Sandwich
Pizza	Cheese Pepperoni Garden Veggie	Cheese Pepperoni Sweet Onion and Sausage	Cheese Pepperoni Meat Lover	Cheese Pepperoni Buffalo Chicken	Cheese Pepperoni Smokey BBQ
Deli	MTO Deli Chicken Caesar Salad	MTO Deli Chef Salad	MTO Deli Buffalo Chicken	MTO Deli Garden Salad	MTO Deli Grilled Chicken Salad
Fusion	Asian Chicken Bowl	Mesquite Burrito	Wing Wednesday	Sausage and Peppers Pasta Station	Fresh Toss Tenders

Daily Options: Assorted Fruits and Vegetables Assorted Fruit Juice and Milk	Week 1
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Please discuss any food allergy issues concerning your child with the Resident Director.....

No child will be discriminated against because of race, color, national origin, age or disability.
 If you believe you have been discriminated against, write to the Department of Agriculture, Washington, D.C. 20250



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	Monday	Tuesday	Wednesday	Thursday	Friday
Signature	CTO Roasted Chicken with Sides	Pulled Pork Fajitas with Peppers and Onions Lime Rice	BBQ Chicken Potato Wedges Sweet Corn	Signature Macaroni and Cheese	Fish and Chips with Cole Slaw
Grill	Hamburger Cheeseburger Spicy Chicken Sandwich Cuban Sandwich	Hamburger Cheeseburger Chicken Sandwich	Hamburger Cheeseburger Spicy Chicken Sandwich Cheddar Burger	Hamburger Cheeseburger Chicken Sandwich Grilled Reuben	Hamburger Cheeseburger Spicy Chicken Sandwich Grilled Texas Cheese
Pizza	Cheese Pepperoni Chicken Bacon Ranch	Cheese Pepperoni S'mores	Cheese Pepperoni Hawaiian	Cheese Pepperoni Meatball	Cheese Pepperoni California
Deli	MTO Deli Greek Salad	MTO Deli Chef Salad	MTO Deli Cobb Salad	MTO Deli Garden Salad	MTO Deli Grilled Chicken Salad
Fusion	Asian Beef and Broccoli Bowl	Volcano Nacho Supreme	Wing Wednesday	Pasta Alfredo with Chicken	Fresh Toss Tenders

Daily Options: Assorted Fruits and Vegetables Assorted Fruit Juice and Milk	Week 2
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Signature	Mojo Chicken Brown Rice Cabbage and Onions	Broiled Fish Steamed Rice	Mashed Potato Bowl	Roasted Beef Roasted Potatoes Green Beans	Shrimp Po' Boy Baked Fries Corn
Grill	Hamburger Cheeseburger Spicy Chicken Sandwich Meatball Subs	Hamburger Cheeseburger Chicken Sandwich Patty Melt	Hamburger Cheeseburger Spicy Chicken Sandwich Buffalo Chicken Sandwich	Hamburger Cheeseburger Chicken Sandwich Cajun Burger	Hamburger Cheeseburger Spicy Chicken Sandwich Crispy Fried Cod Sandwich
Pizza	Cheese Pepperoni Cheeseburger	Cheese Pepperoni Sausage	Cheese Pepperoni Spinach and Cheese	Cheese Pepperoni Supreme	Cheese Pepperoni Oreo
Deli	MTO Deli Spicy Chicken Caesar Salad	MTO Deli Chef Salad	MTO Deli Asian Chicken Salad	MTO Deli Garden Salad	MTO Deli Pasta Salad
Fusion	Crispy Sweet and Sour Pork Bowl	Taco Tuesday	Wing Wednesday	Pasta Toss with Meatballs	Fresh Toss Tenders

Daily Options: Assorted Fruits and Vegetables Assorted Fruit Juice and Milk	Week 3
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Signature	Korean Stir Fry Brown Rice Pilaf Vegetable Blend	Chipotle Taco Salad with Sides	Jerk Chicken Fire Roasted Corn	Smoked Chicken Penne Pasta Garlic Bread	Pierogies with Smoked Sausage and Sautéed Onions Broccoli
Grill	Hamburger Cheeseburger Spicy Chicken Sandwich Club Sandwich	Hamburger Cheeseburger Chicken Sandwich Fried Chicken Sliders	Hamburger Cheeseburger Spicy Chicken Sandwich Blackened Chicken	Hamburger Cheeseburger Chicken Sandwich Mushroom Burgers	Hamburger Cheeseburger Spicy Chicken Sandwich BBQ Pork Melts
Pizza	Cheese Pepperoni Philly Cheese	Cheese Pepperoni Taco	Cheese Pepperoni Tomato, Basil and Mushroom	Cheese Pepperoni Sausage and Pepperoni	Cheese Pepperoni White
Deli	MTO Deli Buffalo Chicken Salad	MTO Deli Garden Salad	MTO Deli Cobb Salad	MTO Deli Chef Salad	MTO Deli BBQ Chicken Salad
Fusion	General Tso Chicken Bowl	Sizzling Fajitas	Wing Wednesday	Penne Pasta with Meat Sauce	Fresh Toss Tenders

Daily Options: Assorted Fruits and Vegetables Assorted Fruit Juice and Milk	Week 4
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